

Internet Use Contract

Teen Responsibilities

I, _____, will be responsible when using the computer and being online. I will abide by the following rules:

1. I will respect other people's privacy by not opening, moving, deleting, or modifying their files without permission.
2. I will not download or install any program, file or window without consulting my parent/guardian first.
3. I will never give out personal information, such as my full name, phone number, address, or social security number, to people online. If I do need to give out such information (e.g. online shopping, college apps, etc.), I will consult my parent/guardian first.
4. I will not write, post, or message anything that I would not say in front of my parent/guardian. I will not use foul language or be a cyber bully. I will not share or post inappropriate photos or videos of myself or others. I will always consider the content I am about to put on the internet because anything that is posted online can never be truly deleted.
5. I will never meet people in person who I have met online because people are not always who they say they are.
6. If I ever feel uncomfortable, threatened, or scared when I am online, I will tell my parent/guardian.
7. I will set and keep my online profile as private.
8. I will only share my username or passwords with my parent/guardian.
9. I will not illegally download music or videos for free.

Parent/Guardian Responsibilities

I, _____, understand that it is my job to protect my teen from the dangers that exist in cyberspace and to help them with their problems should any arise. I will abide by the following rules:

1. I will not over react should my teen come to me with a problem that occurred during his/her time online. I will look for ways to better the situation instead of becoming upset.
2. I will trust my teen online. I have the power to set rules and restrictions for online access. I will issue appropriate consequences for breaches in the rules I set on this contract.
3. I will not invade my teen's privacy. I will not excessively monitor or search my teen's online accounts, diary, or journal entries, unless there is a possible threat to his/her safety.
4. I will not ban the Internet. Computers and the Internet are important and intricate parts of my teen's education and work, and therefore am not at liberty to take it away completely.
5. I will discuss what it means to be safe online with my teen. I will be a positive role model to my teen about how to have fun and be safe online.

We understand the expectations set for each of us and agree to abide by all of them.

Signature of Teen

Date

Signature of Parent/Guardian

Date

After both sign, both parent/guardian and teen retain a copy.